

Dispensing of Non-Prescription Medication by Certified Dental Assistants

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Standards and guidelines inform practitioners and the public of CDSBC's expectations for registrants. This document primarily contains standards, which are, by definition, mandatory and must be applied. Standards are clearly identified by mandatory language such as "must" and "required." This document also contains guidelines that are highly recommended but – while being evidence of a standard – are not, strictly speaking, mandatory. Guidelines contain permissive language such as "should" and "may."



1. Requirements

Dentists may **not** delegate the administration or dispensing of drugs specified in Schedule 1, 1A or 2 of the Drug Schedules Regulation.

Dentists may delegate and supervise the dispensing of non-prescription drugs (i.e. drugs other than Schedule 1, 1A and 2) to a CDA provided they ensure:

1. The dentist has reviewed the patient chart (medical history, allergies, etc.)
2. The dentist confirms with the patient there are no contraindications to the particular medication.
3. Both the dentist and the CDA must verify and ensure they are dispensing the medication appropriately and at a minimum include: confirmation of identity of patient, review of medical history, correct dose, any allergies.
4. The dentist provides the appropriate instructions to the CDA.
5. The dentist determines the CDA is competent to provide the service and the CDA is comfortable providing this service.
6. The dentist must be present in the office.

2. Related Documents

- CDSBC's policy statement on prescribing and dispensing drugs
<https://www.cdsbc.org/CDSBCPublicLibrary/Prescribing-Dispensing-Drugs.pdf>
- CDSBC's Minimal and Moderate Sedation Services Standards and Guidelines
<https://www.cdsbc.org/CDSBCPublicLibrary/Minimal-Moderate-Sedation-Standards.pdf>

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