

# A Guide to CDA Services

September 2009

This document explains how certified dental assistant services are governed under the CDSBC Bylaws – as well as the conditions that must be in place in order to perform them.

- Under the CDSBC Bylaws, the services a CDA can perform will depend on the type of certification they hold and whether the service is considered a “restricted activity,” which means it poses a higher risk and can be performed only by a professional to whom government has granted authority.
- The two charts that follow outline the services that a CDA in each class of certification can perform. They also list the services that can be **delegated** by a dentist and the services that must be **authorized and supervised** by a dentist.
- Above all, it is the dentist’s responsibility to delegate only to a person they know is competent to perform the service – and to ensure that any service provided is carried out appropriately and effectively. It is the CDA’s responsibility to provide only the services they have the knowledge, skills and competency to perform.

## Contents

- 2-3 CDA Services
- 2-3 Classes of CDAs
- 4 Prosthodontic Module Services
- 4 Orthodontic Module Services



\* As outlined in the *Health Professions Act* Dentists Regulation

Classification	NOT RESTRICTED	DELEGATED BY A DENTIST		AUTHORIZED AND SUPERVISED BY A DENTIST			
	These procedures have a minimal risk of harm and are therefore not regulated.	CDA must provide the service within 60 days of the service being prescribed. <b>Dentist does not need to be in the office/facility.</b>		Can only be performed as authorized and under the supervision of a dentist who is in the office/facility and who is available at all times while the service is being provided.			
PRACTISING CDA	✓	✓	✓	✓	✓	✓	***
TEMPORARY CDA	✓	✓	✓	✓	✓	✓	
LIMITED CDA	✓	✓	✓	✓	✓	**	
DENTAL ASSISTANT	✓		*	✓			
Services	Chairside assisting, oral hygiene instruction, sterilization, fluoride varnish application, developing radiographs	Removing extrinsic stains not associated with calculus on the enamel of teeth <b>using an appropriate hand instrument</b> or slow speed rotary instrument, <sup>†</sup> i.e. coronal polishing /prophy	Exposing dental radiographs	Dispensing restorative materials into a prepared cavity	Obtaining impressions and occlusal records ( <b>not restricted to alginate products</b> ) <sup>†</sup>	Applying desensitizing agents, acid etch, antibacterial agents, chemical cleansers, primer and bond, and treatment liners (without pulpal involvement)	Intra-oral fabrication of single unit extra-coronal provisional restorations, including try-in, adjusting occlusion extra-orally, temporary cementation, removing provisional cement, and removing provisional restorations, provided that provisional restorations are assessed by a dentist before cementation and again after removal of provisional cement
		<ul style="list-style-type: none"> <li>Does not include the use of a Prophy-Jet<sup>®</sup> or similar device</li> <li>Does not include scaling</li> </ul> Applying anti-cariogenic agents, i.e. topical fluoride		Applying topical anaesthetic	Placing and removing matrices and wedges	Applying and <b>adjusting fissure sealants with an appropriate hand instrument or slow speed rotary instrument</b> <sup>†</sup>	<b>Gross removal of supragingival permanent cement using an appropriate hand instrument excluding the use of dental handpieces</b> <sup>†</sup>
				Placing and removing dental dams and dental dam clamps	Supporting and removing impression materials after the dentist has placed them	Using and maintaining coronal whitening systems where the concentration of bleaching agents poses minimal risk of patient harm (at dentist's discretion) e.g. Zoom! <sup>®</sup>	
						Removing sutures, periodontal dressings and retraction cord	
						Performing pulp vitality tests	

†NOTE: Services noted in bold are beyond entry-level and should only be performed by a CDA who has the required knowledge, skill and competency

- \* If the dental assistant has completed a Dental Radiography Module
- \*\* Services may be restricted until formal training has been recognized by the CDSBC

- \*\*\* May be performed by practising certified dental assistants who have a minimum of one year of full-time clinical experience or the equivalent, and have received training that will allow them to provide the service competently and safely

### Classes of CDAs

In British Columbia, only those Level II dental assistants who are certified by the College of Dental Surgeons of BC (CDSBC) may provide the services of a certified dental assistant (CDA) as outlined in the CDSBC Bylaws under the *Health Professions Act*.

The exceptions to this are qualified Level II dental assistants who have been granted conditional certification by CDSBC in order to obtain employment and perform the services of a CDA in B.C. while completing the certification process, e.g. writing the National Dental Assisting Examining Board (NDAEB) exam or completing additional education in skills specific to B.C. that are beyond the national core skills.

#### Practising Certified Dental Assistant – CDA

A Level II dental assistant who has been formally trained and has successfully completed all certification requirements may perform all services as outlined in Part 8 of the CDSBC Bylaws, which may include expanded services in Orthodontics and Prosthodontics if they have the designation indicating successful completion of the specific module.

#### Temporary Certified Dental Assistant – CDA (T)

Graduates of BC Level II dental assisting programs that have been accredited by the Commission on Dental Accreditation of Canada (CDAC) may hold this certification which allows them to provide the services of a Practising CDA in accordance with Part 8 of the CDSBC Bylaws while waiting to complete the NDAEB written examination.

#### Limited Certified Dental Assistant – CDA (L)

Graduates of dental assisting programs who hold valid and non-restricted certification, registration or licensure, or who have been practising as the equivalent in another Canadian jurisdiction where certification, registration, or licensure is not required, and who are in good standing with their regulatory authority, may hold Limited Certification allowing them to work while completing the requirements for certification as a practising CDA.

#### Dental Assistant

A dental assistant is a person other than a certified dental assistant or a dental hygienist who assists a dentist in the provision of services while under the supervision of the dentist.

SERVICES	PROSTHODONTIC MODULE to be performed only by a Practising CDA who has successfully completed a Prosthodontic Module	ORTHODONTIC MODULE to be performed only by a Practising CDA who has successfully completed an Orthodontic Module
<p><b>DELEGATED BY A DENTIST</b></p> <p>CDA must provide the service within 60 days of the service being prescribed. <b>Dentist does not need to be in the office/facility.</b></p>	<p>Not applicable</p>	<p>Instructing in the use and care of orthodontic appliances</p> <hr/> <p>Applying appropriate materials to irritating components or removing irritating components</p>
<p><b>AUTHORIZED &amp; SUPERVISED BY A DENTIST</b></p> <p>Can only be performed as authorized and under the supervision of a dentist who is in the office/facility and who is available at all times while the service is being provided.</p>	<p>Fabricating and trying-in provisional restorations intra-orally, including intra-coronal direct provisionals, and adjusting occlusion extra-orally, followed by assessment by a dentist before cementation</p> <hr/> <p>Temporary cementation of provisional restorations and removal of temporary cement followed by assessment by a dentist</p> <hr/> <p><b>Performing non-surgical gingival retraction techniques excluding the use of epinephrine<sup>†</sup></b></p> <hr/> <p>Removing temporary and permanent cements using an appropriate hand instrument and excluding the use of dental handpieces</p> <hr/> <p>Removing provisional restorations</p>	<p>Placing and removing orthodontic separators</p> <hr/> <p>Preparing teeth for bonding or cementing of orthodontic attachments or bands</p> <hr/> <p>Fitting, placing, and light curing orthodontic bands or bondable attachments, with a dentist's assessment after fitting and again before light curing. Attachment by self-curing materials must only be done by a dentist, and must not be delegated or authorized to be performed by a person who is not a dentist.</p> <hr/> <p>Removing excess adhesive material using appropriate hand instruments, or ultrasonic or slow speed rotary instruments, following banding / bonding or debanding / debonding procedures</p> <hr/> <p>Fitting and adjusting orthodontic appliances and archwires followed by assessment by a dentist</p> <hr/> <p>Placing and ligating archwires after assessment by a dentist</p> <hr/> <p>Removing ligating materials and archwires</p> <hr/> <p>Removing orthodontic bands and bonded attachments using appropriate hand instruments</p>